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## Adequacy of the Teaching Materials for Implementing the Life Orientation Curriculum in Selected Fort Beaufort District High Schools, Eastern Cape, South Africa

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ABSTRACT The paper reports the findings of a teaching materials study in selected Fort Beaufort District high schools in the Eastern Cape Province of South Africa. The study described in this paper adopted a qualitative research approach and employed a case study design. Six teachers, six principals, and thirty-six learners were purposively sampled from six high schools. Data were collected using focus groups and individual interviews and were analysed thematically. The results indicated lack of teaching and learning materials in most of the selected schools. It was concluded that lack of teaching materials affected the teaching of the Life Orientation curriculum. The paper therefore, recommends that the Department of Education provide adequate teaching and learning materials in Life Orientation in high schools as a matter of urgency.